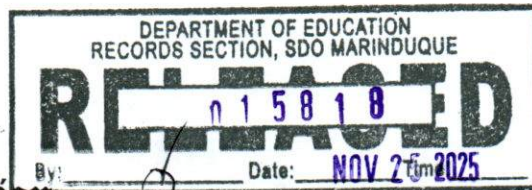




Republic of the Philippines
Department of Education
SCHOOLS DIVISION OF MARINDUQUE



Office of the Schools Division Superintendent

MEMORANDUM

SGOD-2025-185

TO: Asst. Schools Division Superintendent
Chief Education Supervisors
Public Schools District Supervisors
School Heads, Public Elementary, Secondary, and Integrated Schools
All Others Concerned

FROM: **LYNN G. MENDOZA, EdD**
OIC, Schools Division Superintendent

SUBJECT: **REGIONAL TRAINING OF SPORTS CLUB FACILITATORS ON THE TEACHING OF SPORTS SPECIFIC SKILLS**

DATE: November 21, 2025

1. In reference to Regional Memorandum No. 125, s. 2025 entitled "Regional Training of Sports Club Facilitators on the Teaching of Sports-Specific Skills" issued on September 25, 2025, please be informed that the Regional Training of Sports Club Facilitators is rescheduled on December 2-5, 2025 at the Angel's Hills, Tagaytay City. This Office, thru the School Governance and Operations Division, announces the official list of participants from the Schools Division of Marinduque:

Name	Position/Designation	School/District/ Office
Ms. Princes Leny B. Hernandez	Technical Assistant I	School Governance and Operations Division
Mrs. Chrisza May S. Par	Secondary School Teacher I	Maniwaya National High School
Mr. Mark Rainier R. Pernia	Secondary School Teacher I	Tambangan National High School
Ms. Diane M. Jardeleza	Secondary School Teacher II	Mogpog Comprehensive National High School
Mr. Dominic O. Raza	Secondary School Teacher I	Poctoy National High School
Mrs. Mary Grace R. Palmero	Master Teacher I	Labo Elementary School
Mr. Ariel M. Penaroyo	Head Teacher II	Sawi Elementary School



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Email: marinduque@deped.gov.ph
Website: <https://depedmarinduque.com>

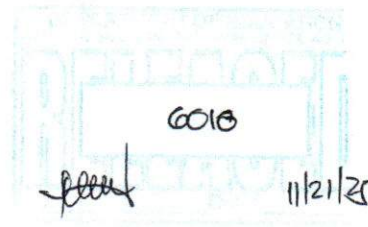
Mr. Carlo M. Tribucias	Secondary Teacher III	School	Cawit National Comprehensive High School
Mr. Eric J. Maningas	Secondary Teacher III	School	Landy National High School
Mr. Daryl S. Janda	Head Teacher I		Don Severino Lardizabal Memorial School
Mr. Roderick R. Rosas	Secondary Teacher II	School	Tigwi National High School

2. School heads of participating teachers shall ensure compliance with DepEd Order No. 9, s. 2005 titled "Instituting Measures to Increase Time-on-Task and Ensuring Compliance Therewith". Teacher-participants shall likewise prepare lesson materials in advance to enable the relieving teacher/s to handle the classes effectively.
3. Travel and other related expenses of the participants in this activity shall be charged to local funds or school MOOE subject to the usual accounting and auditing rules and regulations.
4. For queries and clarification, please contact Ms. Princes Leny B. Hernandez, Sports Technical Assistant, School Governance and Operations Division via princeslenyhernandez10@gmail.com or 09108154432.
5. Immediate dissemination of and compliance with this Memorandum is desired.

SGOD/PLBH



Republic of the Philippines
Department of Education
MIMAROPA REGION



Office of the Regional Director

ADVISORY No. 6016, s. 2025
November 21, 2025

**PARTICIPANTS IN THE REGIONAL TRAINING OF SPORTS CLUB
FACILITATORS ON THE TEACHING OF SPORTS SPECIFIC SKILLS**

In reference to Regional Memorandum No. 125, s. 2025, entitled "Regional Training of Sports Club Facilitators on the Teaching of Sports-Specific Skills" issued on September 25, 2025, please be informed that the Regional Training of Sports Club Facilitators is rescheduled on **December 2-5, 2025** at **Angel's Hills, Tagaytay City**.

For more information, all concerned may contact Esmeraldo G. Lalo, EdD, ESSD Chief, or McJohn Nicko F. Fontamillas, LPT, Technical Assistant I for the School Sports Program, at essd.mimaroparegion@dep.gov.ph

For information and guidance.

NICOLAS T. CAPULONG, PhD, CESO III
Director IV
Regional Director

ESSD/SPP-MNFF

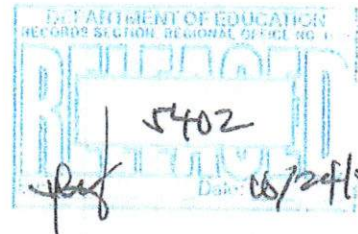


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Website: depdmmimaroparegion.ph





Republic of the Philippines
Department of Education
MIMAROPA REGION



Office of the Regional Director

ADVISORY No. 5402 s. 2025
October 23, 2025

**CONDUCT OF REGIONAL TRAINING OF SPORTS CLUB FACILITATORS ON THE
TEACHING OF SPORTS SPECIFIC SKILLS**

In reference to the Memorandum signed by Atty. Fatima Lipp D. Panontongan, Undersecretary and Chief of Staff, Office of the Secretary, entitled "Declaration of Mid-Year Break as Wellness Break and Guidelines for Professional Development" issued on October 22, 2025, and in addition to Regional Memorandum No. 125, s. 2025, entitled "Regional Training of Sports Club Facilitators on the Teaching of Sports-Specific Skills" issued on September 25, 2025, please be informed that the conduct of the said regional training scheduled on October 27-30, 2025, is hereby rescheduled in compliance with the above-mentioned national memorandum.

This adjustment is made to ensure adherence to the declared Mid-Year Wellness Break for learners and personnel.

Additional Information:

1. The new schedule for Regional Memorandum No. 125, s. 2025 re: Regional Training of Sports Club Facilitators on the Teaching of Sports-Specific Skills will be announced through a separate advisory.
2. For the Division of Palawan and Puerto Princesa City, due to the absence of a confirmed rescheduled date, the purchased tickets shall be charged to the School MOOE. Expenses related to the Technical Assistant I – School Sports Program of the division personnel shall be charged to their respective Sub-ARO for Salary/MOOE, subject to existing accounting and auditing rules and regulations.

Immediate and wide dissemination of this information is desired.

NICOLAS T. CAPULONG, PhD, CESO III
Director IV
Regional Director

ESSD-EGL/MNFF



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Republic of the Philippines
Department of Education
OFFICE OF THE SECRETARY

MEMORANDUM

FOR : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
SCHOOL HEADS
ALL OTHERS CONCERNED

FROM : *[Signature]*
ATTY. FATIMA LIPP D. PANONTONGAN
Undersecretary and Chief of Staff
Office of the Secretary

[Signature]
CARMELA C. ORACION
Assistant Secretary
Officer-in-Charge
Office of the Undersecretary for Learning Systems

SUBJECT : DECLARATION OF MIDYEAR BREAK AS WELLNESS BREAK
AND GUIDELINES FOR PROFESSIONAL DEVELOPMENT
ACTIVITIES

DATE : October 22, 2025

This is to inform all concerned that the Midyear Break scheduled this year from October 27 to 30, 2025 shall be declared a Wellness Break for teachers, in light of DepEd Order No. 012, s. 2025.

This Midyear Break is a recognition of the need to support the overall well-being of our teaching personnel, which is a critical foundation of education quality, as stated in the Secretary's five-point reform agenda.

Schools and divisions must still conduct In-Service Training (INSET) and professional development programs on any other preferred dates within the remaining days of School Year 2025-2026 since these activities are intended to enhance teaching competencies and instructional effectiveness and to align the core programs and strategic initiatives of this Department.

The conduct of activities must not interfere with classes and may be integrated through school-based training and utilization of learning action cells. These activities may still be funded through existing Human Resource Training and Development (HRTD) funds that have been directly released to the Schools Division Offices (SDOs).

In view of the foregoing, for schools and divisions that have prepared and scheduled professional development programs for teachers during the Midyear Break period, procured venues and meals may be requested for a change of date based on prevailing procurement and auditing rules. If change of date is unfeasible, since the procured venues and meals can no longer be rescheduled, activities may still be conducted voluntarily. Teachers who participate voluntarily shall be exempt from subsequent activities on the same topic within the school year.

To ensure proper coordination and monitoring, school heads are required to submit their plans for professional development activities to their respective SDO through the School Governance and Operations Division (SGOD), while division plans for the conduct of INSET activities must be submitted to the Human Resource Development Division/National Educators Academy of the Philippines in the Region (HRDD/NEAP-R). The SGOD and HRDD/NEAP-R shall ensure activities are still conducted by the end of the school year.

This Memorandum modifies inconsistent provisions of DM-OULS-2025-095 in view of the declaration of the Wellness Break.

For your guidance and compliance.



Republic of the Philippines
Department of Education
MIMAROPA REGION



Office of the Regional Director

September 25, 2025

REGIONAL MEMORANDUM

No. 125, s. 2025

**REGIONAL TRAINING OF SPORTS CLUB FACILITATORS
ON THE TEACHING OF SPORTS SPECIFIC SKILLS**

**To: ALL SCHOOLS DIVISION SUPERINTENDENTS
DIVISION SPORTS OFFICERS
SCHOOL SPORTS FOCAL PERSONS
TO ALL CONCERNED**

1. In line with the Department of Education's (DepEd) mission to promote the holistic development of learners, the Bureau of Learner Support Services – School Sports Division (BLSS-SSD) continues to advance this goal through meaningful engagement in sports and physical activities. To support this endeavor, the BLSS-SSD has established School Sports Clubs to foster physical fitness, promote health, and encourage active student participation. These clubs also serve as platforms for learners to discover and nurture their athletic talents.
2. To operationalize this initiative, the MIMAROPA Region, through the Education Support Services Division (ESSD), will conduct the Regional Training of Sports Club Facilitators on the Teaching of Sport-Specific Skills on October 27–30, 2025, in a venue to be announced.
3. The main objective of the regional training is to equip participants with the necessary skills and knowledge for the effective implementation and management of School Sports Clubs across the region. In addition, the training will highlight best practices, coaching techniques, and the core values of each sport to empower participants with confidence and competence to lead sports development initiatives and to contribute to the capacity-building of other stakeholders in the program.
4. The participants in this training are the School Sports Club Facilitators from selected schools region wide, endorsed by the Division Sports Officers (DSOs) and approved by the Schools Division Superintendents.

Below are the training details:

Sports Covered	Arnis, Dancesports, Pencak Silat, Table Tennis, Sepak Takraw, and Wushu.
Head of Division Delegation	Authorized Sports Officer of the Division



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Particulars									
BREAKDOWN OF PARTICIPANTS									
DIV	DSO	CoS SSP	Arnis	Dance sports	Pencak silat	Table tennis	Sepak Takraw	Wushu	Total
CAL	1	1	2	2	3	2	2	2	15
OCCI	1	1	3	4	7	3	3	4	26
ORMIN	1	1	5	3	7	3	4	6	30
ROM	1	1	3	3	4	2	2	3	19
MAR	1	1	3	3	4	2	3	2	19
PPC	1	1	2	2	3	2	2	2	15
PAL	1	1	5	4	7	5	3	5	31
Total	7	7	23	21	35	19	19	24	155
Participants Requirements				- Authority to Travel - Medical Certificate (medically and physically fit for the training) - Appropriate, comfortable, and easy-to-move-in attire					
Equipment Requirement for Each Participants									
Arnis				Arnis Stick					
Table Tennis				One paddle and one ball					
Sepak Takraw				Sepak takraw ball					
Dancesports				Dance shoes, if available					

5. The Division Sports Officers (DSOs) are requested to submit the list of participants by completing the attached template or by accessing it through the following link: <https://tinyurl.com/2hn5pyw2>. The accomplished form must be submitted via email to mcjohn.fontamillas@deped.gov.ph on or before October 10, 2025.

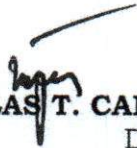
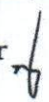
Once identified, participants are likewise requested to register at <https://forms.gle/hWDzo99oMiSmeim56> to provide additional information and for emergency purposes.

6. Division participants' travel expenses shall be charged to school/local/paloro funds, while the travel expenses, food and accommodation of all the participants, honorarium and other related expenses of the regional management and trainers/speakers shall be charged to RO/Paloro Funds subject to usual accounting and auditing rules and regulations.

7. All concerned are enjoined to authorize the attendance of their division's designated participants in this training. The Schools Division Offices (SDOs), through the School Heads, shall ensure that substitute teachers are assigned to handle the classes of participating teaching personnel to avoid disruption of classes.

8. To ensure the health, safety, and well-being of all participants, all attendees are required to strictly comply with the minimum public health standards throughout the activity.

9. Any updates shall be communicated through the issuance of a Regional Advisory.
10. Attached are the participant templates per sports event and the indicative program of the training for your guidance.
11. For more information, all concerned may contact Esmeraldo G. Lalo, EdD, ESSD Chief, or McJohn Nicko F. Fontamillas, LPT, Technical Assistant I for the School Sports Program, at essd.mimaroparegion@dep.gov.ph.
12. Immediate dissemination of this Memorandum is desired.


NICOLAS T. CAPULONG, PhD, CESO III
Director IV
Regional Director 



Republic of the Philippines
Department of Education
MIMAROPA REGION

Office of the Regional Director

Division _____

No.	Name	Head of Division Delegation
1		Division Sports Officer
2		School Sports Focal

Sports Event: _____		
No.	Name	School
1		
2		
3		
4		
5		
6		

Add rows if needed

Prepared by:

Approved by:

TA-1 School Sports Program

Division Sports Officer

Approved by:

Schools Division Superintendent



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PROGRAM MATRIX

TIME	DAY 0	DAY 1	DAY 2	DAY 3
6:00-7:45 AM	Arrival/Registration of the Participation	BREAKFAST		
7:45-8:00 AM		PRELIMINARIES		
8:00-9:00 AM		Lecture and Practicum -Arnis -Dance Sports -Pencak Silat -Sepak Takraw -Table Tennis -Wushu	Continuation of Lecture and Practicum	-Closing Ceremony -Distribution of Certificates
9:00-10:00 AM				
10:00-11:00 AM				
11:00-12:00 PM				
12:00-1:00 PM	LUNCH			
1:00-2:00 PM	Opening Program	Continuation of Lecture and Practicum	Continuation of Lecture and Practicum	Home Sweet Home
2:00-3:00 PM	Orientation and Groupings per Sports Discipline			
3:00-4:00 PM	Breakout Session per Sports Event Orientation on the background, content of the lecture, and schedule of activities			
4:00-5:00 PM				